

Women Helping Women in Need



*Caring women who support Samaritan's financial
aid fund for women in need*



SAMARITAN
Counseling • Guidance • Consulting

Who We Are

Samaritan's Satellite Offices

First Church of God, Beaver
N. Main St. Church of God,
Butler

First Presbyterian Church of
Bakerstown

Grace Lutheran Church,
Rochester

Northminster Presbyterian
Church, New Castle

First Church of God,
Punxsutawney

Westminster Presbyterian
Church, Upper St. Clair

Calvin Presbyterian Church,
Zelienople

SS. Simon and Jude Catholic
Parish, Greentree

Women Helping Women in Need is not an organization, but a vital part of one: **Samaritan Counseling, Guidance, Consulting**. Up to half of the women we serve at Samaritan are struggling financially as well as emotionally and spiritually. *Women Helping Women in Need* are caring female donors who support Samaritan's financial aid fund for women who seek our faith-based counseling, but lack the means to pay.

Founded in 1982, Samaritan Counseling, Guidance, Consulting is a faith-based, nonprofit that fosters healing, hope, and life change through professional counseling and educational programs. Approximately 1,100 men, women, and children from all faiths, ethnicities, backgrounds, and walks of life receive counseling services from Samaritan on a yearly basis.

We serve people from multiple locations in five Western Pennsylvania counties. Our headquarters is in Sewickley on the third floor of the *Faith House*, pictured below. Faith House is owned by one of our ministry partners, the Sewickley Presbyterian Church. All of our offices are hosted by partnering churches of a variety of denominations.

God has blessed Samaritan with therapists who are people of faith, allowing Him to use them to bring hope, peace, and healing to those in pain. In turn, we are blessed by donors who support the work we do. Because of their gifts, we are able to bring God's power of restoration to the lives of those in need.



History

Samaritan's fundraising program for women in need began in the 90s and was known as the *Silent Samaritans*. A Sewickley resident and member of our board of directors founded the Silent Samaritans here at Samaritan Counseling, Guidance, Consulting in Western Pennsylvania.

The Silent Samaritans program—which is locally known as *Women Helping Women in Need*—originated through the Solihten Institute in Denver, CO. As a member of the Solihten Institute's nationwide network of faith-based counseling centers, we are a nonprofit that is independently operated, but accredited through the Institute. To learn more about us, please visit us online at samaritancounseling.net, or call us at **412.741.7430**.



Who We Serve

Every year, Samaritan sees approximately 200 women in crisis situations who are uninsured, under-insured, unemployed, or otherwise experiencing financial hardship.

They range in age from 18 to 65+. They come to us from all of our service areas in Western Pennsylvania, which include Allegheny, Beaver, Butler, Jefferson, Lawrence, and Washington counties.

They are women who are ...

- Single mothers struggling to support their families
- Sole caregivers for elderly and/or ill parents or relatives
- Survivors of trauma—especially sexual, physical, and verbal abuse
- Suffering with debilitating mental and emotional health issues such as:
 - Depression
 - Adjustment disorders
 - Marriage problems
 - Effects of divorce and separation
 - Obsessive-compulsive, bipolar, post-traumatic stress and other anxiety disorders
 - Prolonged grief
 - Overwhelming and/or chronic stress
 - Emotional impact of bodily diseases
 - Parenting a child with behavioral or physical health problems



Impact

Some of the women who have shared with us ...

“I want to thank the Women Helping Women in Need for extending the financial help I needed in paying for my last therapy appointment. I really appreciate the help as I do not yet have a job. Thanks for your help at this difficult time in my life.” – Anonymous

“At Samaritan, I found peace, forgiveness and acceptance. Everyone has issues, but my issue didn’t define who I was. I gained control of my life; the disorder and anxiety weren’t controlling me anymore. I want to thank the people who contribute to Samaritan. Samaritan helps us get our lives back together when we’re at our lowest point.” – Mindy

“I had been living a very rocky ‘up and down’ life and was finally at the end of my rope. My Samaritan therapist determined that I suffered from bipolar disorder. I discovered why I did the things I did and how to accept myself. My therapist’s use of Christian principles had a positive impact. Now, I have a life I never could have imagined. Samaritan literally saved my life.” – Cheryl



We Need You

*Each of you should
give what you have
decided in your heart to
give, not reluctantly or
under compulsion, for
God loves a cheerful
giver. And God is able
to bless you abundantly,
so that in all things at
all times, having all
that you need, you
will abound in every
good work.*

2 Corinthians 9: 7, 8

Become a member of Samaritan's Women Helping Women in Need program by making an annual donation during our spring campaign in March-May. You also have the option of setting up an automatic monthly donation, which may be easier on your budget.

Giving Opportunities

Tier of Health: \$125 helps a woman set treatment goals with the guidance of her therapist.

Tier of Healing: \$250 helps a woman heal by addressing inner pain that has not been dealt with.

Tier of Hope: \$500 helps a woman create a plan for healthy living by managing stress and making time for self-care.

Tier of Strength: \$1,000 empowers a woman to use the tools and insight she gained from counseling to transform her life.

How to Donate

Make your check payable to Samaritan Counseling and mail to:

Beth Healey c/o
Samaritan Counseling, Guidance, Consulting
202 Beaver St., 3rd Fl., Sewickley, PA 15143

Make your gift online via our website at samaritancounseling.net by clicking on the pink heart at the top of the page.



Good Ideas

*She opens her arms to
the poor and extends
her hands to the needy.*

— Proverbs 31:20

More Ways to Help

Adopt Samaritan's Women Helping Women in Need program as one of your church's missions, or your own personal charity. Here are some fundraising ideas, but feel free to come up with your own.

- Plan an event—a luncheon, a tea, an evening reception—to raise funds. We'd be happy to send a guest speaker.
- In lieu of a Mother's Day or birthday gift, request a donation be made to Samaritan Counseling in support of Women Helping Women in Need.
- Introduce younger women and teens to our cause. Again, we would be glad to send someone from Samaritan to speak to your group.



Celebrate!

To express our heartfelt gratitude, we invite our *Women Helping Women in Need* donors to gather for a celebration. Together, we enjoy one another's company at our annual appreciation luncheon or other event. In addition to an exceptional dining experience, our women hear an inspiring message from a special guest speaker.

Suggested donation: **\$125**

Minimum donation of **\$50** required to attend the luncheon.

NOTE: Anyone making a \$125 donation may bring along a friend.

If you have questions about becoming a member of our *Women Helping Women in Need* program, or would like more information about the luncheon, please contact Beth Healey at **412.741.7430, x1001**, or bhealey@samaritancounseling.net.

Below: A fond memory captured during one of our luncheons at the Hyeholde Restaurant's beautiful Round Room.

