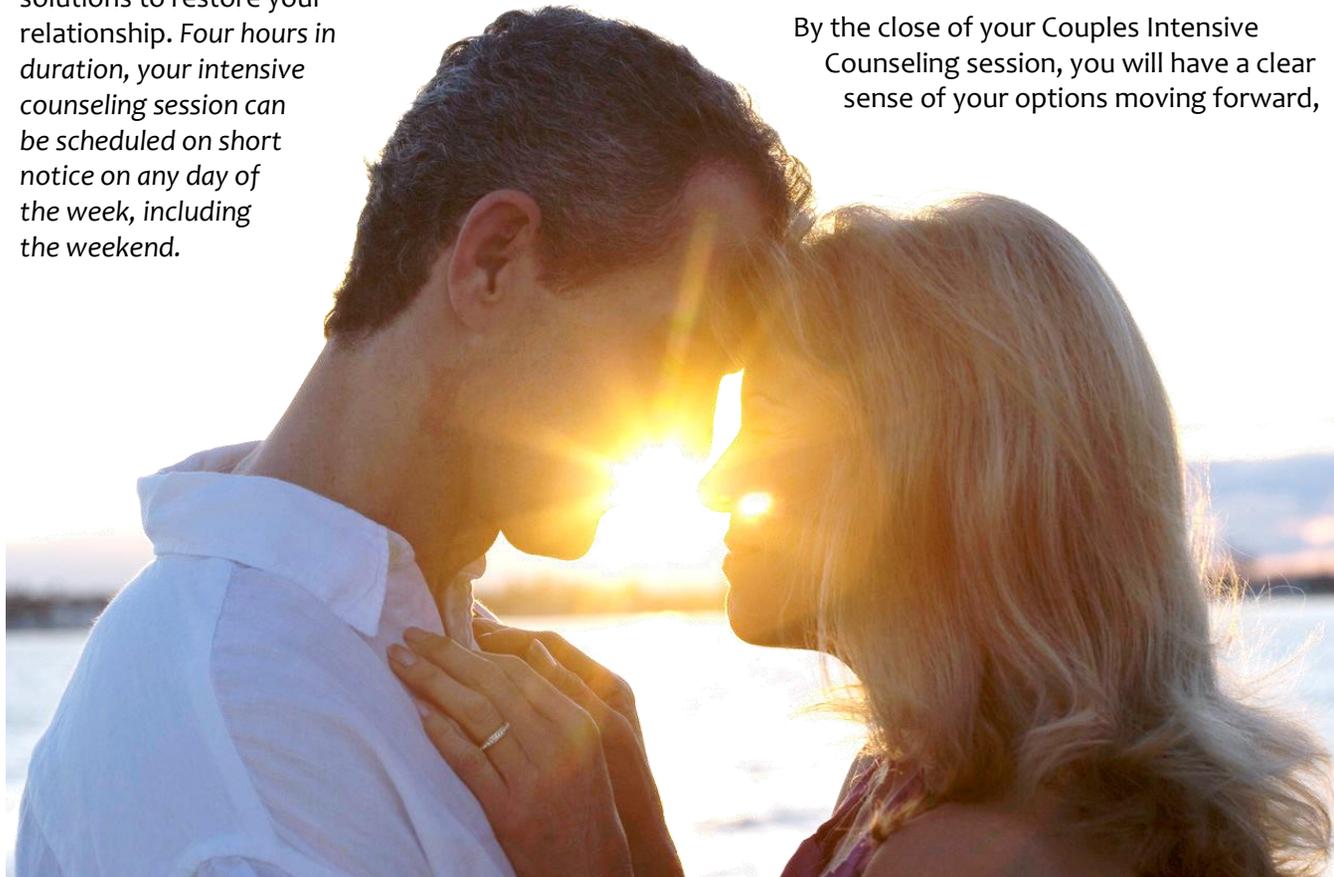


What Is Couples Intensive Counseling?

Couples often get “stuck” in an unhealthy pattern of communication and behaviors that prevents them from enjoying one another.

Do you and your partner feel stuck? If so, your relationship may seem like a battlefield—or at least a breeding ground for insecurity, distrust, withdrawal and other negative feelings.

Couples Intensive Counseling will reveal and address the issues causing your “stuck pattern” and will help you to find solutions to restore your relationship. *Four hours in duration, your intensive counseling session can be scheduled on short notice on any day of the week, including the weekend.*



How It Works

- 1 The first hour and a half is spent together as a couple with your therapist. This time is used to thoroughly evaluate the history of your problems, each person’s perspective, and all other contributing factors.
- 2 Next, your therapist spends 45 minutes with each of you separately to further explore your unique perspectives and individual roles in your “stuck pattern.”
- 3 Finally, you both spend the last hour back together with your therapist who provides you with detailed feedback, structure and guidance.

By the close of your Couples Intensive Counseling session, you will have a clear sense of your options moving forward,

as well as a prevention plan that addresses your unique situation. Those options could include arranging for another Intensive session or starting traditional outpatient therapy. Or—your one-time Intensive session may be all that you need to get “unstuck!”

How Do I Get Started?

Call Samaritan at **412-741-7430** and let us know that you are considering Couples Intensive Counseling. We’ll collect basic information from you and pass it along to our Licensed Marriage and Family Therapist. Our therapist, in turn, will contact you and provide a free 15 minute phone consultation. Your Couples Intensive session will be scheduled as soon as possible.

Need more information? Give us a call to learn more about Couples Intensive Counseling. Whether you’re experiencing some difficult challenges or are approaching a crisis point, hope and healing for your relationship are within your reach at Samaritan.

Learn about all of our counseling services and programs by visiting us online at samaritancounseling.net



Did you know that on average, couples experiencing trouble in their relationships wait about six years before seeking professional help? As a result, they've built up a lot of resentment toward each other by the time they sit down with a counselor.

Then, there are couples in crisis who call a counselor right away ... but in either case, the last thing any couple wants to do is wait weeks to get an appointment.

At Samaritan, we believe in providing a prompt, more intensive start to couples counseling. We understand that when you're struggling in your relationship you want help now, and you want it at a time that best suits your schedule. That's when Couples Intensive Counseling can help.



SAMARITAN
Counseling • Guidance • Consulting
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Sewickley, PA 15143

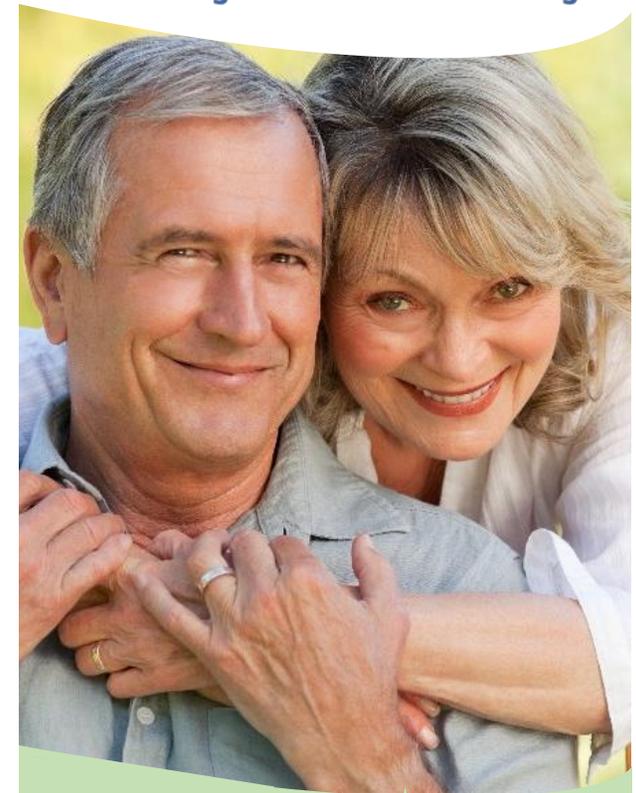
Satellite Offices

5875 Heckert Rd. Bakerstown, PA 15007	1625 Greentree Rd. Pittsburgh, PA 15220	1201 N. Main St. Butler, PA 16001
2040 Washington Rd. Pittsburgh, PA 15241	370 Iroquois Place Beaver, PA 15009	393 Adams St. Rochester, PA 15047
415 E. Grandview Ave. Zelienople, PA 16063	23 Skyview Dr. Punxsutawney, PA 15767	

Couples Intensive COUNSELING



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Offering Hope and Healing